

Warszawa, 2018/09/28

Certificate no: 33495



# CERTIFICATE OF PARTICIPATION

For the successful completion of  
Massage and Wellness Course  
Awarded to

**Agata Świątek**

Massage and Wellness Course includes:

- ✓ Human anatomy and physiology
- ✓ The rules and techniques of massage
- ✓ Performing lymphatic drainage
- ✓ Basics of kinesitherapy
- ✓ Relaxing, segmental, isometric, slimming, sports and cosmetic massage
- ✓ Wellness
- ✓ Relaxation techniques

Training program consist of minimum 50 hours

**Mariusz Jachacy**  
Dyrektor Generalny  
Akademia Dietetycznie Poprawni



**KAPITAŁ LUDZKI**  
NARODOWA STRATEGIA SPÓJNOŚCI

**UNIA EUROPEJSKA**  
EUROPEJSKI  
FUNDUSZ SPOŁECZNY

